

What do you know about Cob?  
¿Qué sabes sobre el Cob?  
Was wissen Sie über Cob ?  
Cosa sai riguardo al Cob?"  
Que savez-vous à propos de Cob?

# Building with COB

## 9 days Workshop

From 18th until 26th June  
San Gavino Monreale, Italy

Qedora Social Promotion Association  
presents: Building with Cob  
Edited by Cristina Ibba  
9 Days Residential Course  
Theoretical and Practical Aspects of Building  
with Cob

Contents:  
Earth Architecture in the World  
Mixing Clay, Straw and Sand  
Earth Building Techniques  
Walls, Plasters and Waterproofings

Workshops:  
Stones and Reclaimed Materials Foundations  
Cob and Earth-Straw Walls  
Window fixtures Carpentry  
Plant Design for a Cob Building  
Earth Plasters



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QEDORA Social Promotion Association  
presents:

# BUILDING with COB PROGRAMME

A person is shown building a Cob structure, which is a blend of clay, sand, straw, and water. The person is standing on a small platform and is using a tool to shape the material. The background is a textured, light-colored surface.

**What do you know about Cob?**

**¿Qué sabes sobre el Cob?**

**Was wissen Sie über Cob ?**

**Cosa sai riguardo al Cob?"**

**Que savez-vous à propos de Cob?**

Cob (old English word that means "clump" or "loaf") is a blend of clay, sand, straw and water: it is tread by feet or with the help of machines. The cob is also used to build very thick walls, and it allows to forge architectural pieces of several shapes: curved walls, recesses, arc windows and built-in shelves. The same technique is usually called "bauge" in French and "massone" in Italian.

Cob traditional technique very common in England and Scotland, in France and Italy too, in particular in the Abruzzo region. Nonetheless, there are several examples all over the world using this kind of technology, that is very suitable for self-building.

**From 18th until 26th June**

**San Gavino Monreale, Sardinia, Italy**

Building with Cob is a 9 days residency workshop, concerning theoretical and practical aspects of this fascinating art.

The earth building techniques will be presented to our participants, to realize a Cob and Earth-Straw product, starting from the foundations to end with finishings.

**What we will learn:**

- Earth Architecture in the World
- Earth Building Construction Site
- Constructing a Earth Building

**Workshops:**

- Stones and Reclaimed Materials Foundations
- Cob and Earth-Straw walls
- Window Fixtures Carpentry
- Plant Design for a Cob Building
- Earth Plasters

**Events:**

- St. John's night: Summer Solstice
- Botanical Walk to pick up and gather Solstice's Herbs;
- Jump of the fire and convivial dinner
- Screening of the documentary film:  
"Su Tempus Torrau" (Time got back) -
- A suggestion to meditate and to find answers in ourselves and in our know-how historical memory.

**Accommodation and Meals:**

Participants can stay in a specifically set up camping area. The price will cover three meals per day, toilets, showers and a beautiful relax area with olive and citrus trees in the farm "Sa Poderosa".

Alternatively it will be possible to book private B&B agreed upon with the event.



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